



# CITY SC RETURN TO PLAY

## MINIMUM REQUIREMENTS TO ATTEND PRACTICE

- PARENTS MUST ADMINISTER THE COVID19 SYMPTOM SCREENING SURVEY AND CHECK TEMPERATURE AT HOME BEFORE EACH PRACTICE (SURVEY BELOW):
  - STAY HOME IF YOU FEEL SICK OR HAVE A FEVER OF  $>100.4^{\circ}\text{F}$
  - STAY HOME IF MEMBERS OF YOUR HOUSEHOLD FEEL SICK
- PLAYERS REQUIRED TO BRING THE FOLLOWING EQUIPMENT:
  - SOCCER BALL
  - WATER
  - FACE COVERING (FOR USE WHEN SOCIAL DISTANCING IS DIFFICULT TO MAINTAIN)
- CLEAN/SANITIZE SOCCER BALL, WATER BOTTLE, CLEATS AND CLOTHING BEFORE AND AFTER TRAINING
- AVOID CARPOOLING
- SIGN LIABILITY WAIVER AND ACKNOWLEDGMENT OF POLICIES AND PROCEDURES
- OBSERVE SOCIAL DISTANCING ON THE SIDELINES AND WHEN WALKING TO/FROM THE FIELD

## COVID19 SYMPTOM SCREENING SURVEY

### INSTRUCTIONS:

- 1) PARENTS ARE REQUIRED TO ADMINISTER THE FOLLOWING SURVEY AT HOME PRIOR TO EACH PRACTICE TO SCREEN THEIR CHILD FOR COVID19. DO NOT SEND YOUR CHILD TO PRACTICE IF THEY DO NOT PASS THE HEALTH SCREENING.
- 2) STAFF WILL BE REQUIRED TO SUBMIT TO A TEMPERATURE CHECK AND ANSWER THE FOLLOWING SURVEY QUESTIONS BEFORE BEGINNING THEIR SHIFT. DO NOT PROCEED TO WORK IF YOU DO NOT PASS THE HEALTH SCREENING.

### STEP 1: TEMPERATURE CHECK

- TEMPERATURE MUST BE LESS THAN  $100.4^{\circ}\text{F}$  TO PROCEED TO TRAINING

### STEP 2: SYMPTOM SURVEY

IN THE PAST 24 HOURS HAVE YOU EXPERIENCED ANY OF THE FOLLOWING SYMPTOMS:

- FEVER OR CHILLS
- COUGH
- SHORTNESS OF BREATH OR DIFFICULTY BREATHING
- FATIGUE
- MUSCLE OR BODY ACHES
- HEADACHES
- NEW LOSS OF TASTE OR SMELL
- SORE THROAT
- CONGESTION OR RUNNY NOSE
- NAUSEA OR VOMITING
- DIARRHEA



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